2001 California Dietary Practices Survey

Table 60a: Consumption of High Fat Sweets, Breakfast Pastries, and Frozen Dairy Desserts

Question: Yesterday, did you eat any desserts like cake, pie, cookies, brownies, or chocolate candy

Yesterday, did you eat any breakfast pastries like doughnuts, danish, sweet rolls, muffins, croissants,

or pop tarts?

Yesterday, did you eat any lowfat frozen dairy desserts like frozen yogurt, light ice cream, or soft serve?

Percent Ate

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¹ About 2/3 of frozen dairy desserts were regular varieties, not reduced in fat.

A box around a group of numbers signifies that differences observed within this group are statistically significant. Chi square test:

^{*} p<.05

^{**} p<.01

^{***} p<.001